

2022

Impact and Learnings Summary

Resourcing community determined responses to complex challenges.



Fay Fuller
Foundation

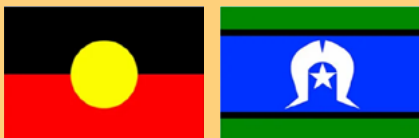


ACKNOWLEDGEMENT OF COUNTRY

We respect the Aboriginal & Torres Strait Islander peoples as the owners of the lands and waterways on which we work and live across Australia, and pay our respects to Elders of the past, present, and into the future.

We acknowledge that they have cared for these lands for millennia and commit to remembering that the ground beneath our feet is infused with wisdom, stories, and songs that reach beyond our knowing.

We are committed to collaboration that furthers self-determination. As we go forward, we will continue to listen, learn, and be allies for a healing future.



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We at the Fay Fuller Foundation want to take this opportunity to thank all the organisations and individuals we partnered with in 2022.

It is only through partnership that we are able to create impact and we feel privileged to be a small part of supporting the work you do with your communities.



The Fay Fuller Foundation is a private philanthropic organisation in South Australia. The focus of our giving is to drive change around impactful, purposeful, and people-centred philanthropic funding. We believe that communities are the experts in their own lives and centre community in everything we do.

Purpose

Our purpose is to resource community determined responses to complex challenges.

Vision

Our vision is a South Australia where communities work together to build inclusive and equitable healthy futures.



Funding locally to influence systemic change.

Community at the heart

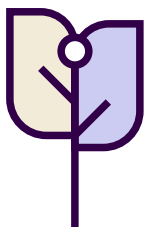


We put community at the heart of our work.

We partner with communities and recognise that they know best.

We listen to and value the diverse voices, experiences, and needs of the community.

Being accessible

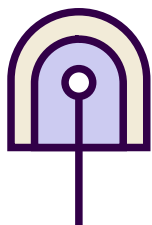


Our granting practices are designed to remove barriers to participation and build the capability of our partners.

We use our position to challenge inequitable systems and structures.

We share power over decision-making and build pathways that support self determination.

Partnering authentically

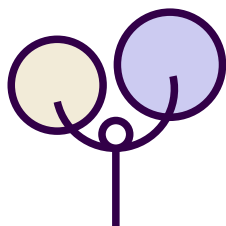


We invest in authentic partnerships with gives and gets on both sides.

We make information about the Foundation and our practice accessible and transparent and are open about our processes and expectations.

We want to hear the about the challenges as much as the opportunities so we can create pathways forward together.

Adapting as we go



We provide the conditions for our partners to do things differently.

We make space for them to learn, reflect, and adapt.

We value the process over the outcome, recognising the benefit of learning and testing.

Sharing what we learn



We promote a positive learning culture internally and with our partners.

We regularly reflect, using what we learn to inform future practice and encourage our partners to do the same.

We share what we learn to create collective knowledge and understanding.



This *Impact and Learnings summary* covers the breadth of the Foundations focus areas across 2022. It is informed by data and evidence collected under our Social Impact Measurement and Learning (SIML) framework.

Our SIML Framework is designed to support us to:

Be accountable and transparent to the community we serve for achieving our purpose and upholding the Foundation's principles. This speaks broadly to our work with communities across the whole of South Australia.

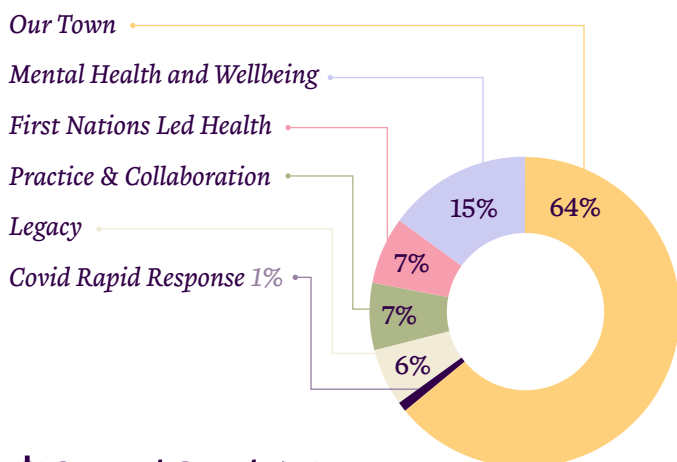
Share our learnings to contribute to influencing systems, practices, and mindsets more broadly. This speaks to the philanthropic sphere, governments, not-for-profits, international funder groups and change makers.

Capture and make sense of our learnings about what works and what doesn't, to adapt and strengthen the practice of the Foundation. This speaks to the Foundation staff, board, and strategic partners.

This *Impact and Learnings summary* is one way that we'll be putting some of the intentions above into action.

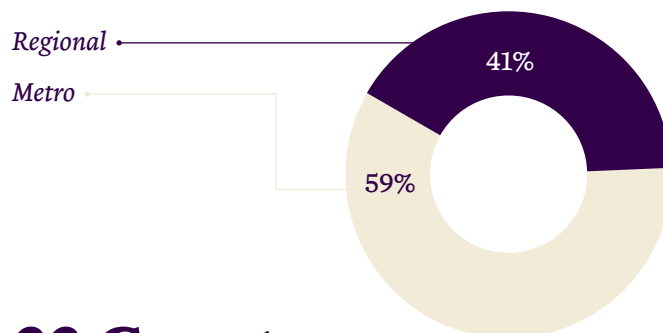


*While metrics aren't able to fully tell the story of our impact and the impact of our partners' work, they do provide a snapshot of some important numbers for this year.**



**\$2,750,541
Granted**

**99% of funds granted
within South Australia**



**22 Grant
Partners**

* Community work doesn't happen according to a financial or calendar year and our granting cycles reflect this. We have partners starting work at different times throughout the year, many of whom we partner with for multiple years.

The above data represents two partial financial year budgets and only accounts for grants that have been paid, excluding funds committed but not yet invoiced for.

Our average granting budget is three million per financial year, balancing a long term approach with meeting emergent community need and opportunities.

We have also allocated grants according to the grants key focus area, though some of our grants are across multiple. E.g. Some of our Mental Health grants primarily worked with First Nations communities and Our Town is a mental health and wellbeing focussed initiative.

Focus Areas

We were established with a broad remit to support the health and wellbeing of the South Australian community and we pursue this through three main focus areas.

**Mental
Health and
Wellbeing**

**First
Nations Led
Health
Funding**

**Practice
and
Collaboration**



2022

Learning

What we're doing about it

1	Building relationships and working at the pace of community takes time, but it's the most important part.	Getting better at understanding from the get go where our partners and the communities they work with are at and potential barriers or additional support needs. Coming together early to co-define expectations and the work, not just outcomes and being open to adjusting our own expectations.
2	Many communities hold the answers to unlocking better mental health and wellbeing outcomes, but there aren't enough opportunities for them to share knowledge and meaningfully co-create change.	Building mechanisms into all of our grants to ensure the breadth and diversity of community are meaningfully and powerfully engaged in the work of our partners; this is central to our strategy.
3	<p>When you redistribute decision-making power to community you are also redistributing risk and responsibility.</p> <p>As one of our community partners told us, <i>"Community will always have more skin in the game."</i></p>	We continue to hold the risk where we can but where we can't we keep the above front of mind and ensure we support those working in their community, hold space to debrief and are available to come alongside for any hard conversations at the request of our partners.



2022

Learning

What we're doing about it

4

It takes time (and consistent data collection) to see the outcomes of your intentions and actions.

Getting serious about where, how, and what types of data we're collecting and how we support our partners to do the same in a way that is meaningful and relevant to their work without being onerous. We're also working to identify and understand the ripple effects of our actions and how they contribute to broader change.

5

There is an appetite for 'shovel ready' funding pathways, projects, and opportunities within South Australia.

This year we were able to fund additional pockets of work through collaborative and leveraged funding opportunities. This was less a strategic move on our part and more of a response to opportunities that presented themselves. In the future we think there is an opportunity to attract funding into the State and leverage existing funds for greater impact.

6

High trust partnerships are valued and desired but a complete lack of bounds can leave some partners feeling like the other shoe is about to drop.

Instead of a no-holds-barred approach we are working with our partners to understand what helps them feel safe and supported in a partnership while also empowered to explore emergence.



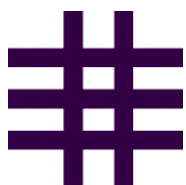
Mental Health and Wellbeing

Our approach to mental health is strengths-based and focuses on wellbeing. We centre prevention by building individual and community capability to support each other, in turn building better mental health and wellbeing for the South Australian community.



Mental health and Wellbeing

Strategic Partnership

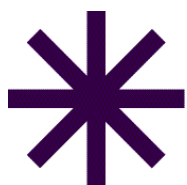
**LELAN****\$100,000/year for 2 years**

The South Australian *Lived Experience Leadership and Advocacy Network* (LELAN) is the independent peak body for people with lived experience of mental distress, social issues or injustice in South Australia. Their purpose is to amplify the voice, influence and leadership of people with lived experience to drive change in how mental health is understood and supported in South Australia.

LELAN became our Mental Health and Wellbeing Strategic Partner in 2021. We built this partnership together with an eye to two way learning and supporting each other to pursue key outcomes. For *LELAN* this meant being recognised as the peak body for mental health lived experience in South Australia and securing sufficient long term funding to support its core operations. In return, we asked *LELAN* to support us in shaping our granting guidelines to better centre the importance of lived experience leadership and to cast a lived experience lens across the grant applications we received. In 2022 *LELAN* successfully secured core state government funding of \$800,000 over four years.



Mental health and Wellbeing



Spark Grants 6 Grants (45k x 9 months)

2022 saw our first round of Spark Grants come to a close. Designed to support the exploration of an idea to strengthen individual or community capability to build better mental health and wellbeing for South Australia, Spark saw us grant to six new partners.

Breakthrough Mental Health worked with community to understand and unravel the minefield of accessing mental health support when experiencing distress and identify what might be missing in terms of current pathways and responses.

They heard that current pathways to accessing support aren't meeting the diversity of people, experiences, their geographical location and needs and that there are barriers to access such as timeliness, the provision of clear, simple or culturally informed information, or local responses. The pathways that do exist aren't presenting people with adequate choice, agency or opportunities for support that is preventative, person centred, and compassionate.

They're looking to explore sector partnerships and work with community and people with lived experience to understand how accessibility, information, and options can be developed in a context that is supportive, respectful, simple, and compassionate and doesn't provide further harm and distress.

Murray Mallee GP Network explored the viability of a social enterprise to create opportunities for meaningful activity and connection to address social determinants contributing to poor mental health in their community.

During Spark it was clear that their community found being asked, listened to, and actively involved in shaping what they would like to see powerful and validating. During their Spark journey they learnt not only that community supported the idea but wanted to be involved and contribute to building a community place of connection, purpose and most importantly, hope.

Through their work, they unearthed what was most important to get right for its success, developed a basic operating model, gathered community and stakeholder support, and learnt from other social enterprises. They are looking to get started and build their social enterprise over time.



Mental health and Wellbeing

Plaza Youth Centre engaged with their community to determine new pathways for connection that address the root causes of social isolation experienced by young people in Whyalla and Port Augusta.

During Spark, young people shared that they want opportunities and safe places to spend time and have fun without being defined by labels or having to be a certain way. By creating avenues to be heard, peer leaders were nurtured and developed events, programs, and activities for young people with huge turn outs. By connecting with broader community groups, it was heard that people want to support young people but didn't know how - Plaza Youth has started weaving together connections and avenues for the community to support young people in ways they want to be supported.

Plaza Youth has gone on to receive government funding to support their outreach, and community activities and to further develop their youth peer leader program. Their young leaders are continuing to further their education, and developing confidence to better support and advocate for other young people in their community.

St. John's Youth Services (SJYS) worked alongside those accessing their services to explore what they would like to see offered as pathways to support their wellbeing.

Supported by the Lived Experience Leadership and Advocacy Network (LELAN) they learned from the young people accessing their services about what opportunities, conditions and relationships would support their holistic wellbeing. These insights informed eight recommendations ranging from greater opportunities to socially connect, the nature of their relationship with workers and the desire for services to be by, for, and with young people.

SJYS are now looking to explore how they might incorporate some of these ideas and co-create them with their community throughout all levels of their organisation.

“One of the additional benefits of working with the Fay Fuller Foundation was how much they value the person-centred experience and grassroots knowledge.

This trust and assistance allowed us to be bold in testing and exploring ideas.”



Mental health and Wellbeing

Tribes United Fitness engaged with community members to design a strength-based approach for Aboriginal and Torres Strait Islander women to come together on Country to reclaim power and heal.

Through Spark, Rikki Wilson of *Tribes Unites Fitness* nurtured safe spaces and drew on the strengths already present in community to delve deeper, past labels or responses to listen and build a way of being, connecting and learning together with people from all different roles and life experiences. Together, they shared through stories and conversations what heals and provides strength and created opportunities for community to own and author the path forward.

Through this listening a model was developed in a cultural way, in language, that community can identify themselves in. The program covers history, language, and dreaming stories, to be connected to culture and belonging. *Tribes United Fitness* are developing this model and offering to run healing retreats. They're also looking at how it can inform or be adapted into mainstream services to provide safe and culturally informed support.

Talk Out Loud worked alongside young people to explore and design what resources might support them during times of emotional crisis or distress.

During Spark, *Talk Out Loud* engaged with their community and with healthcare professionals and heard that there is a strong calling from all perspectives for young people to be provided with supportive, empowering information, and hope and connection to those who can listen and walk alongside them through recovery. *Talk Out Loud* heard that what this looks like is different for different people, but that connection is vital. The support offered by organisations such as *Talk Out Loud* is in high demand, and it is going to take a networked approach to shift how we support young people in emotional crisis, rather than a simple solution within any one organisation's control.

Talk Out Loud are building on what they heard to expand their offerings, locations, and ways of connecting with young people to provide hope in moments of distress. They are working alongside their broader community and networks to explore what it takes to shift from service or solutions, to empowering, connected, and strengths based offerings.



“It feels like we have an extra battery pack in Fay Fuller”.

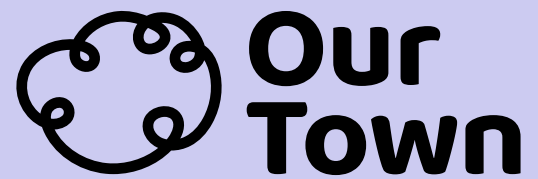


Megan, Fay Fuller Foundation, John, Breakthrough Mental Health | Ryan, St. Johns Youth Services, Euan, The Australian Centre for Social Innovation, Joanna, Plaza Youth Whyalla, | Lisa, Murray Mallee GP Network | Rikki, Tribes United Fitness | Niall, Fay Fuller Foundation | Raquel, Breakthrough Mental Health

Photos by Youth Inc. Students

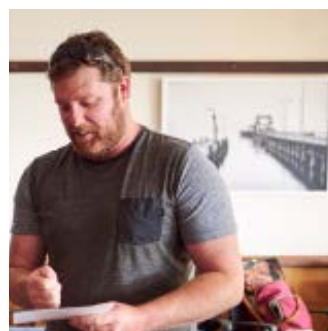


Mental health and Wellbeing



Our Town is an 11-year, \$15 million mental health initiative funded by the Fay Fuller Foundation and implemented in partnership with The Australian Centre for Social Innovation (TACSI) and Clear Horizon. Shaped with regional communities for regional communities, *Our Town* aims to build the capabilities of regional towns in South Australia to develop community-based responses to mental health and wellbeing, with an eye to scaling what works and influencing regional policy.

Foundation Grants at \$300,000 per year for 10 years to four communities. Collaborative grant from the Department of Human Services and Wellbeing SA to the total of \$150,000 to two communities. Foundation funded capability in social innovation and measurement, evaluation, and learning for all six communities.



Dale, Our Town Kimba, Maria, Kangaroo Island Our Town | John, Mid Murray Our Town, Mick, Our Town Cummins | Sandy, Our Town Ceduna/ Far West



Mental health and Wellbeing



In year two of the ten years of Our Town, the towns:

Built community trust

All the towns spent a significant amount of time building trust with their community. This required consistent messaging, visibility, and alignment of action to intentions.

Communities needed to know that Our Town wasn't going anywhere, that they were going to continue to be community informed and led, and that they were a safe and inclusive space.

Shifted from leading activities to activating community to lead

In Mid Murray this looked like micro-granting for community led ideas to increase wellbeing and connection in the towns of Nildottie, Swan Reach, Walker's Flat, and Blanchetown.

In Cummins this happened through a youth-led art exhibition, *The Art of Us*, held in Our Town Cummins community space *The Village*.

In Berri this happened through *Nunga Driving*, an Aboriginal youth-led granting circle supporting young people to get their driver's licence.

Built capacity, understanding, and knowledge around mental health and wellbeing

For Ceduna/ Far West this occurred through funding *Aboriginal Mental Health First Aid* training for community members as well as people working in services and schools.

Kangaroo Island Our Town supported the delivery of *Mental Health First Aid* (MHFA) and is now delivering teen MHFA as part of the year 11 and 12 curriculum.

In Cummins and Kimba this looked like offering training for community members in *Just Listening* and *eCPR* approaches.

In Kimba, due to a low presence of services, it also meant building out a directory of local and holistic wellbeing supports.



Mental health and Wellbeing



In year two of the ten years of Our Town, the towns:

Pursued collaborative opportunities and partnerships

For all towns this looked like partnering with schools, councils, services and/ or community groups.

Our Town Berri established the first three way partnership between Our Town Berri, the school, and Volunteering SA + NT to fund a community connector role to connect young people with local volunteering pathways.

In Ceduna a partnership came together between Our Town Ceduna/ Far West, two local schools and the Aboriginal Drug and Alcohol Council to explore the relationship between wellbeing and gardening with Sophie Thomson.

Shared their learnings and influenced locally, regionally, and nationally

Kangaroo Island Our Town actively embedded an Our Town lens and approach to fire recovery, encouraging service organisations to listen and respond to community identified priorities.

For Our Town Cummins this looked like influencing mental health and wellbeing activity across the Eyre Peninsula by networking, and sharing resources and learnings openly.

The Mid Murray Our Town plan was included as part of the Mid Murray Regional Mental Health and Wellbeing plan and the team presented how they intend to understand their impact across the ten years at the national Australian Evaluation Society conference.



“Beautiful things happen when community owns its voice and uses it”.



Kate, Kangaroo Island Our Town | Julie, Our Town Berri, Jess De Campo, TACSI | Wilfred, Our Town Ceduna/ Far West | Our Town convening around the yarning circle | Sean, Our Town Cummins | Chelsea, Our Town Kimba

Photos by Claudio Raschella



First Nations Led Health Funding

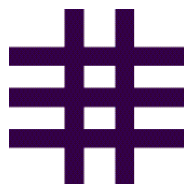
Everyone should be able to live safe, healthy lives with good wellbeing, but historic and current policies and injustices have led to inequitable health and wellbeing outcomes for First Nations people and communities.

What would a community informed, designed and led model for philanthropic funding look like and how could it contribute to better health and wellbeing?



First Nations Led Health Funding

Strategic Partnership



Yadu Health

\$100,000/year for 2 years

Yadu Health Aboriginal Corporation is a non-profit community controlled Aboriginal health service providing primary care to the Aboriginal community of Ceduna, Koonibba and the surrounding districts.

We became strategic partners with Yadu after becoming aware of the state of their clinic in Ceduna, which was partially condemned at the time. While we were unable to support the cost of a new building we saw an opportunity to partner with Yadu Health to support them in seeking additional funding for this much needed infrastructure so they could continue to provide culturally appropriate care and vital primary health services in a safe environment.

At the same time, we had the opportunity to learn from Yadu Health's then Strategic Partnership Executive, Warren Miller, who has been supporting the Foundation to engage with the ACCHO network and broader Aboriginal community across South Australia to develop a community-led model for distributing philanthropic funds.

In 2022 the Malinauskas State Government allocated \$2.5 million, and the Federal Government committed \$13.35 million in its first budget, bringing the total funding pool to \$15.85 million to cover the cost of a new clinic for Yadu Health.



First Nations Led Health Funding

A First Nations Led Philanthropic Fund for the State

\$1,000,000 every 2 years

This year we continued our work supporting the establishment of a First Nations Led Philanthropic Fund for South Australia.

In 2022 our partners in this work, the First Nations Philanthropic Funding Working Group, determined and led a culturally informed engagement process with their local communities. Through this process they are looking to understand what good decision-making looks like, how the fund could operate, and to identify health needs, priorities, and opportunities across communities.

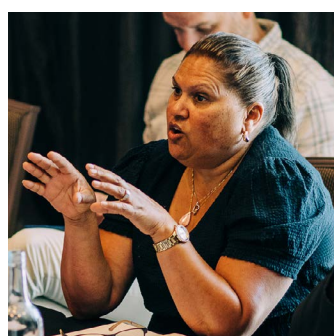
What we learn through this process will be used to inform the design of the fund and its early priority funding areas.

Covid Grants

Post Christmas 2021, South Australia entered its first significant Covid-19 peak. We know that in times of emergency, groups that already experience systemic marginalisation are often hit hardest. As part of an emergent Covid-19 response we were able to ask First Nations communities within South Australia what would be most helpful for us to quickly resource. This led to the provision of rapid antigen tests to regional communities, support to *Treasure Boxes* to provide care packages for regional and remote families placed in hotel quarantine in Adelaide, and the provision of entertainment equipment for regional quarantine facilities where Covid-19 positive cases and close contact community members, including families with children were accommodated.



“We want to create pathways for First Nations people to shape how and in what ways they interact with philanthropy”



Priscilla, Umoona Tjutagku Health Service, Leeroy, Yadu Health | Cindy and Zena, Nunyara Aboriginal Health Service | Warren, Ceduna Aboriginal Corporation | Cindy and Zena, Nunyara Aboriginal Health Service | Priscilla, Umoona Tjutagku Health Service | Nerylee, Moorundi ACCHS

Photos by Robert Lang



Practice and Collaboration

Complex social challenges aren't solved in silos, so we focus on bringing people together, shining a light on good work, and building evidence to support community-led responses. At the same time, we are working to improve our own philanthropic practice and advocate for others to do the same.



Practice and Collaboration

Just Listening **\$100,000/year for 3 years**

The Just Listening Community (JLC) is a free community space offering connection to people experiencing emotional or suicidal distress or those with an important story to share. This community-based model offers an alternative pathway to support outside of the Mental Health Act and the mental health system. It builds the capacity of people to support each other through offering human-to-human connection while resisting the urge to 'fix' or solutionise.

Our partnership with Matt Ball and his team at the Humane Clinic and *Just Listening Community* is about backing someone with a great idea to have a go at what it looks like in practice. To prototype and learn, and hopefully contribute to building evidence for community based responses that are respectful, person centred and compassionate.

Additionally, through the University of South Australia we have been able to support a PhD scholarship to research the work and impact of the Just Listening approach.



Practice and Collaboration

Other Practice and Collaboration Funding

University of South Australia Match Studio \$10,000 to support their annual Match Tournament, in which interdisciplinary teams of students collaborate to develop a proposal addressing a meta challenge, in this case activating community resilience.

Mannifera Funding Collaborative

\$50,000 per year for 3 years supporting the advocacy work of civil society organisations, coalitions, campaigns and initiatives across four key focus areas: fairness in political participation, fairness and quality in public debate, fair, accountable and open government, a fair and equitable tax system and social safety net.

GiveOut Day

\$10,000 match funding on Australia's national day of giving to LGBTIQ+ projects, community groups, and not-for-profit organisations.

SAWCAN

\$40,000 leveraged funding to support the South Australian West Coast ACCHO network to support the development of a new strategic plan and a theory of change.



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